Kingdom of Saudi Arabia Ministry of Education Princess Nourah bint Abdulrahman University (048)

College of Health and rehabilitation Sciences

Health Sciences Department Epidemiology Program



المملكة العربية السعودية وزارة التعليم جامعة الأميرة نورة بنت عبدالرحمن (٥٤٨) كلية الصحة وعلوم التأهيل قسم علوم الصحة برنامج علوم الوبائيات

# Plan for measuring extracurricular activities and community services of the Epidemiology program 1445

#### **Introduction:**

- Extracurricular activities are: A range of activities organized outside of the regular college day, curriculum, or course

intended to meet learners' interests. These activities can help learners become more involved in their school or community and can help them to develop social and soft skills and to promote well-being.

While Community services are: a two-way relationship between the program and its wider community. The mission stresses the importance of serving the community in which it operates. Community services are also clearly stated in goal number 3: Develop Partnership and community services to combat infectious and non-communicable diseases nationally and internationally.

The program is clear about the importance of community engagement. It intends to specify how the staff, students, and courses demonstrate a commitment to the community. It also reflects its approach against the NCAAA standard 11 (Relationships with the community).

To deliver the program standard aspect of the NCAAA standard 11, the program tailors its teaching, learning, and research to serve community needs and seeks to use community resources for its own benefit thereby achieving mutual enrichment

#### **Purpose**

#### **<u><b>Extracurricular activities**</u>

1-They are important in developing soft skills as well as being associated with a range of other positive outcomes such as achievement, and attendance at college.

2- Playing a wide range of sports is important in predicting intentions to remain in education after compulsory education.

3- Extra-curricular activities boost young people's confidence to interact socially with others; extend their social networks; and provide them with new skills and abilities.

4- Above all, they offer an important space to have fun and relax away from the pressures

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of college work.

#### Community services:

-Preparing female graduates who are competitive in the labor market with leadership and administrative skills.

- Preparing student cadres capable of implementing small projects in various fields according to the needs of society.

- Increase the degree of self-confidence and belonging to the homeland.

- Innovative methods and non-traditional solutions to societal problems according to the needs and priorities of the community.

- Preparing talented student cadres capable of developing society inside and outside the university.

# **How the program evaluates of community service activities:**

The inclusion of the wider community in all of its operations is achieved through

# 1. <u>Periodic review of the programs</u>

The program conducts a periodic review every 5 years and, carefully consider the way in which the program, in the context of the broad discipline area in which the program exists, is able to make an effective contribution to community engagement. Program specifications and associated learning, teaching, and assessment approach would pay specific attention to the consideration made for community engagement.

### 2. <u>The advisory committee</u>

Every year, the program discusses the community services plan with members of the committee which consists of relevant sectors of the community, and applies their recommendations and suggestions

### 3. <u>Staff appraisal and promotion criteria</u>

The annual staff appraisal includes the recording of each individual's contribution over the past year to the community engagement approach. The individual may use the appraisal

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record in any application for promotion when demonstrating how they have contributed to community services.

### 4. Community-relevant research

The program will ensure that the research environment is supportive of the community engagement goals of the program and that research that is relevant to the community is given consideration. This approach is included in the research plan of the program.

# **Measurement of extracurricular activities and community service activities:**

	<b>Operational plan KPIs</b>	Responsible	Target	Time
1	Number of community services initiatives conducted by staff or/and students /year	Program director	5	1 <sup>st</sup> September 2023 -June 2024
2	The percentage of staff / students' participation in community services	Program director	80%	1 <sup>st</sup> September 2023 -June 2024
3	Number of activated partnerships	Program committee	4	1 <sup>st</sup> September 2023 -June 2024
4	Number of extracurricular outreach community services	Program committee	4	1 <sup>st</sup> September 2023 -June 2024

### **<u>Courses of including Extracurricular activities year 1445:</u>**

- 1-Epidemiology of communicable disease EPI 325
- 2-Nutritional epidemiology EPI 326
- 3- Environmental epidemiology EPI 302
- 4- Field Epidemiology EPI 350
- 5- Epidemiology of non-communicable diseases EPI 328

### **Extracurricular activities without community outreach:**

1- Field visits

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- 2- Extra readings
- 3- Writing a report
- 4- Educational event inside the college

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#### **Extracurricular activities with community outreach**

It offers a rewarding way to give back to the community, build valuable skills, and explore students' passions. Here are some examples of such activities, categorized by type:

-Participate in research projects: Contribution in research initiatives focusing on

community health, education, or environmental issues.

-Organize educational workshops: Sharing knowledge and skills with the community by

organizing informative events on relevant topics

*-Develop educational programs:* Collaboration with local organizations to design and implement educational programs

-Organize environmental education workshops: Education community about

environmental issues and encourage eco-friendly practices.

Alignment of courses with extracurricular activities courses with graduate attributes and program learning outcomes including:

Course	Type of Activity	Method of evaluation	Aligned PLO	Aligned graduate attribute
1-Environmental epidemiology EPI 302	environmental education workshops	Survey of attendees' satisfaction	K1-S1	G1-G7
2-Epidemiology of communicable diseases	education workshops	Survey of attendees' satisfaction	K1-S1	G1-G7
3-Field Epidemiology	Participate in research projects	Survey of attendees' satisfaction	K2-S2	G1-G7
4-Epidemiology of non- communicable diseases	education workshops	Survey of attendees' satisfaction	K1-S1	G1&7
5-Nutritional epidemiology	education workshops	Survey of attendees' satisfaction	K1-S1	G1&7

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### Responsibility:

A- College community service unit is responsible to:

1- Create opportunities and coordinate with different agencies and authorities for noneducational (voluntary) training of students in the specialization field.

2- Coordinate with the University's Search and Innovation Unit to register students in search and innovation courses.

3- Coordinate with the University's concerned authorities to organize the financial expenses of the continuing education programs established by the College.

### **B- Program staff members:**

- Encouraging students to participate in these services by announcing them by the timetable of relevant events.

- Participating with students in these services if possible.

- Explaining the aim of participation in community services to students and facilitating their attendance.

Approval date	28 November 2023
Department / program council	Program committee

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