



### A brief Course Description

Course Name	<b>Determinants of Health</b>		
Course Code	EPI 200		
College	Health and Rehabilitation Sciences		
Department/ Program	Health Sciences / Health Education and promotion		
Year / Level:	Level 4/2 <sup>nd</sup> Year		
Credit Hours	2(2,0,0)		
Contact Hours	Lecture: 2	Lab/Tutorial: 0	Training: 0
Language	English		
Track	Program Requirement		
Pre-requisites Course:	None		
Co-Requests:	None		
Course Objectives:	<p><b>This course is attempting to provide a balanced coverage of all key elements of Determinants of health.</b></p> <p><b>This course aim to provide students with the ability</b></p> <ul style="list-style-type: none"> <li>• Explore the idea that health and illness cannot be understood simply as biological phenomena or individual medical issues.</li> <li>• Identify broad societal influences, from structural and cultural to political and economic forces</li> </ul>		



### A brief Course Description

Course Name	Epidemiology		
Course Code	EPI 221		
College	Health and Rehabilitation Sciences		
Department/ Program	Health Sciences / Health Education and Promotion		
Year / Level:	Level 4/2 <sup>nd</sup> Year		
Credit Hours	3 (2,1,0)		
Contact Hours	Lecture: 2	Lab/Tutorial: 2	Training: 0
Language	English		
Track	Program Requirement		
Pre-requisites Course:	None		
Co-Requests:	None		
Course Objectives:	This course introduces the basic principles and methods of epidemiology, with an emphasis on critical thinking, analytic skills, and applications of research methods and design.		



### A brief Course Description

Course Name	<b>Basic Principles of Nutrition</b>		
Course Code	<b>HEP 211</b>		
College	<b>Health and Rehabilitation Sciences</b>		
Department/ Program	<b>Health Sciences / Health Education and Promotion</b>		
Year / Level:	<b>Level 4/2<sup>nd</sup> Year</b>		
Credit Hours	<b>2(2,0,0)</b>		
Contact Hours	<b>Lecture: 2</b>	<b>Lab/Tutorial: 0</b>	<b>Training: 0</b>
Language	<b>English</b>		
Track	Program Requirement		
Pre-requisites Course:	None		
Co-Requests:	None		
Course Objectives:	This course is an introduction to nutrition. It presents the major concepts in nutrition including carbohydrates, lipids, proteins, vitamins and minerals and their importance for human nutrition		



### A brief Course Description

<b>Course Name</b>	<b>Human Growth and Development</b>		
<b>Course Code</b>	HEP 220		
<b>College</b>	Health and Rehabilitation Sciences		
<b>Department/ Program</b>	Health Sciences / Health Education and promotion		
<b>Year / Level:</b>	Level 4/2 <sup>nd</sup> Year		
<b>Credit Hours</b>	2(2,0,0)		
<b>Contact Hours</b>	Lecture: 2	Lab/Tutorial: 0	Training: 0
<b>Language</b>	English		
<b>Track</b>	Program Requirement		
<b>Pre-requisites Course:</b>	None		
<b>Co-Requests:</b>	None		
<b>Course Objectives:</b>	<p>This course deals with different stages of human life- Prenatal, Infancy, Childhood, Adolescence, Adulthood- and the biological, psychological and social changes occurring in individuals during them. The course discuss theories of development, genetics and development, birth and the neonate, cognitive and brain development, early experience, attachment, motor and language development, social, aging and death.</p>		



### A brief Course Description

Course Name	Health Behavior		
Course Code	HEP 230		
College	Health and Rehabilitation Sciences		
Department/ Program	Health Sciences / Health Education and Promotion		
Year / Level:	Level 4/2 <sup>nd</sup> Year		
Credit Hours	3(2,1,0)		
Contact Hours	Lecture: 2	Lab/Tutorial: 2	Training: 0
Language	English		
Track	Program Requirement		
Pre-requisites Course:	None		
Co-Requests:	None		
Course Objectives:	This course introduces determinants of health-related behavior, health behavior theory, and how theory can be utilized in health education and behavior research and practice.		



### A brief Course Description

Course Name	Psychological basis for Health Education		
Course Code	HEP 241		
College	Health and Rehabilitation Sciences		
Department/ Program	Health Sciences / Health Education and Promotion		
Year / Level:	Level 4/2 <sup>nd</sup> Year		
Credit Hours	2(2,0,0)		
Contact Hours	Lecture: 2	Lab/Tutorial: 0	Training: 0
Language	English		
Track	Program Requirement		
Pre-requisites Course:	None		
Co-Requests:	None		
Course Objectives:	<p>This course is designed to provide students with basic information concerning the psychological basis of behavior formation. Personal preferences, attitudes and values play significant role to develop certain personality pattern. Also it will help the students to understand human nature and how to formulate their strategies while dealing with verity of clientele.</p>		