



### A brief Course Description

Course Name	International Health		
Course Code	HEP 312		
College	Health and Rehabilitation Sciences		
Department/ Program	Health Sciences / Health Education and Promotion		
Year / Level:	Level 6/ 3rd Year		
Credit Hours	3(2,1,0)		
Contact Hours	Lecture: 2	Lab/Tutorial: 1	Training: 0
Language	English		
Track	Program Requirement		
Pre-requisites Course:	HEP 322 HEP 325		
Co-Requests:	None		
Course Objectives:	The objective of the course is to give students insight, knowledge and tools to describe, analyze and understand health in an international perspective.		



### A brief Course Description

<b>Course Name</b>	<b>Environmental and Occupational Health</b>		
<b>Course Code</b>	<b>HEP 313</b>		
<b>College</b>	<b>Health and Rehabilitation Sciences</b>		
<b>Department/ Program</b>	<b>Health Sciences / Health Education and Promotion</b>		
<b>Year / Level:</b>	<b>Level 6/ 3rd Year</b>		
<b>Credit Hours</b>	<b>3(2,1,0)</b>		
<b>Contact Hours</b>	<b>Lecture: 2</b>	<b>Lab/Tutorial: 1</b>	<b>Training: 0</b>
<b>Language</b>	<b>English</b>		
<b>Track</b>	<b>Program Requirement</b>		
<b>Pre-requisites Course:</b>	<b>None</b>		
<b>Co-Requests:</b>	<b>None</b>		
<b>Course Objectives:</b>	<b>This course will give students an introduction to environmental and occupational health. Students will learn basic concepts and will be introduced to the interplay between risk assessment, risk communication and risk perception in relation to environmental health.</b>		



### A brief Course Description

Course Name	Community Health		
Course Code	HEP 314		
College	Health and Rehabilitation Sciences		
Department/ Program	Health Sciences / Health Education and Promotion		
Year / Level:	Level 6/ 3rd Year		
Credit Hours	2 (2.0.0)		
Contact Hours	Lecture: 2	Lab/Tutorial: 0	Training: 0
Language	English		
Track	Program Requirement		
Pre-requisites Course:	None		
Co-Requests:	None		
Course Objectives:	<p>Students will learn</p> <ul style="list-style-type: none"> <li>• The values, concepts and practices commonly found in the community development sector.</li> <li>• Define the community and its characteristics, and identify an issue to be actioned within the community.</li> <li>• Using community health as a springboard for understanding community health education.</li> </ul>		



- The various roles within a community group and the strategies it can use to further its objectives. Students will learn about media communication techniques, Identify diversity in the community.

### A brief Course Description

Course Name	Nutrition Education And Counseling		
Course Code	HEP 342		
College	Health and Rehabilitation Sciences		
Department/ Program	Health Sciences / Health Education and Promotion		
Year / Level:	Level 6/ 3rd Year		
Credit Hours	3(2,1,0)		
Contact Hours	Lecture: 2	Lab/Tutorial: 1	Training: 0
Language	English		
Track	Program Requirement		
Pre-requisites Course:	HEP 211		
Co-Requests:	None		



Course Objectives:	This course aims to encourage the acquisition of specific knowledge on effective nutrition education and counseling for specific target groups, by applying behavior change theories, learning how to establish goals and objectives nutrition education interventions, considering factors affecting counseling relationship with patients and cultural competencies.
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### A brief Course Description

Course Name	Implementation and Evaluation		
Course Code	HEP 351		
College	Health and Rehabilitation Sciences		
Department/ Program	Health Sciences /Health Education and Promotion		
Year / Level:	Level 6/ 3rd Year		
Credit Hours	3(2,1,0)		
Contact Hours	Lecture: 2	Lab/Tutorial: 1	Training: 0
Language	English		
Track	Program Requirement		
Pre-requisites Course:	HEP 350		
Co-Requests:	None		



Course Objectives:	<p>Provides students with a comprehensive overview of:</p> <ul style="list-style-type: none"> <li>• The practical and theoretical skills needed to implement, and evaluate health promotion programs in a variety of settings.</li> <li>• The new responsibilities and competencies generated from the health education specialist field.</li> </ul>
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### A brief Course Description

Course Name	Health Education in schools		
Course Code	HEP 360		
College	Health and Rehabilitation Sciences		
Department/ Program	Health Sciences / Health Education and Promotion		
Year / Level:	Level 6/ 3rd Year		
Credit Hours	3(2,0,1)		
Contact Hours	Lecture: 2	Lab/Tutorial: 0	Training: 4
Language	English		
Track	Program Requirement		
Pre-requisites Course:	HEP 230		
Co-Requests:	None		



**Course Objectives:**

**Introduce students to:**

- **Comprehensive School Health Education**
- **Healthy school environment.**
- **Main health concerns.**
- **Strategies of school health education**