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## EDUCATIONAL OUTREACH ACTIVITIES BEYOND CAMPUS

The Princess Nourah Bint Abdulrahman University plans some programs to raise the awareness of the students who are still in the high school and looking forward to joining university in the future, so there are number of visits to different public and private schools. The Deanship of students affairs usually arrange such visits.

- Female students of the Health Club from the College of Nursing organize an awareness campaign on a healthy lifestyle in university schools.

The Princess Nourah bint Abdulrahman University (PNU) develop different educational outreach activities. Below it can see the different pieces of educational outreach activities beyond campus.

### Outreach activities

["Diabetes...needs awareness"](#), an Outreach Program at PNU in collaboration with the Saudi Charitable Association of Diabetes. In conjunction with World Diabetes Day, the Deanship of Students' Affairs at PNU, represented by the Nutrition Unit, conducts an outreach program entitled "Diabetes...needs awareness". This program comes within the framework of the agreement signed between the University and the Saudi Charitable Association of Diabetes to enhance the awareness of the University's students and the general community. As well as providing the necessary support to the diabetics of them through the establishment of a group to support the diabetics under the name of "Friends of Diabetes", through which the Association provides its free services and the Nutrition Unit oversees the support of those registered with it.

**"Diabetes...needs awareness", an Outreach Program at Princess Nourah bint Abdulrahman University in collaboration with the Saudi Charitable Association of Diabetes**

11/11/2019

In conjunction with World Diabetes Day, the Deanship of Students' Affairs at Princess Nourah bint Abdulrahman University, represented by the Nutrition Unit, conducts an outreach program entitled "Diabetes...needs awareness" in collaboration with the Saudi Charitable Association of Diabetes, on Sunday and Monday 13-14 Rabi Al-awwal 1441 AH.

The event aims to clarify the risks of diabetes and risk factors leading to the disease associated with the diet and daily lifestyle and how to reduce the likelihood of its occurrence through the adoption of a healthy diet and physical activity, through an interactive platform, which delivered awareness messages.

Various samples were also viewed to illustrate the correct steps that help modify daily dietary habits, measure blood sugar for the students, compare the results with normal levels and register diabetics from University students to provide the necessary support for them by involving them in the mentoring program to be conducted in cooperation with the Saudi Diabetes Charity.



### Diabetes...needs awareness

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[The Department of Biology and the Community Service Unit at the College of Science have recently organized three environmental community awareness campaigns with slogans linked to the thirteenth objectives of private sustainable development in the climate, and the fifteenth of life on the land.](#)

As coordination and cooperation has been made with the General Department of Parks and Community Service in the Secretariat of the City of Riyadh to obtain various types of different annual flowering seedlings, cacti, perennial outdoor plants, and small trees to be cultivated by approximately (90) students among the fourth level students in the Biology Department within two weeks at a rate of one hour per day, under the supervision of Dr. Arwa Abdul Karim Al-Hukail. This comes in line with the Kingdom's strategies towards the environment and the restoration of vegetation in Riyadh to reduce the damages related to drought and its negative effects, as an influential

environmental mission and social responsibility to activate the role of students in society inside and outside the college and university. In addition to contributing to raising awareness and environmental sense with a number of Applied Ecology issues.

On the other hand, and to achieve the quality of educational outputs, in line with the achievement of the Kingdom's Vision 2030, the initiative has been taken to host (14) third-graders (American Diploma) students from Riyadh Najd Private Schools to attend the various campaigns and events and participate in applied activities such as afforestation. In order to increase the green areas inside the college and educate them about home gardening methods in addition to a scientific tour to learn about the laboratories of the Department of Biology and the herbal plants in the college. The awareness campaigns varied to include the introduction of the World Day to Combat Desertification and Drought under the slogan (Vision is affiliation to achieve development), the introduction of the International Day for Biological Diversity, whose campaign was called (Our Vision 2030 Saves Our Environment). As well as the introduction of the International Day for Preserving the Ozone Layer and shedding light on the resulting global climate change and global warming under the slogan (Vision 2030 protects the environment).

The event was accompanied by three corners of environmental issues for the three campaigns to cover them from various aspects and link their issues to each other and to clarify the risk of continuing to pollute the environment with different pollutants. Several visual presentations, which have been designed and prepared by students, were presented. In addition to reviewing some international efforts and the Kingdom's efforts specifically the directives included in the Vision 2030 for environmental protection.

This came within the framework of promoting the principle of rationalization, reducing consumption and waste in natural resources, preserving biological diversity. As well as protecting it through nature reserves, sustainable development for it, preserving it, and directing renewable (clean and safe) energy such as solar energy, wind energy, etc. as a safe and clean alternative that protects and preserves the

environment and contributes to reducing the breadth of the Ozone (O<sub>3</sub>) layer hole.

The campaigns also presented recommendations and proposed solutions to contribute to limiting the exacerbation of these problems and controlling them and explaining some positive applied mechanisms to protect the environment. These recommendations emphasized the importance of solidarity and effective participation in eliminating pollution by limiting the use of all kinds of plastics, and the need to move to the use of safe alternatives as biodegradable plastics alternatives. As well as the possibility of using some insect repellent plants, especially in house rooms, as an alternative to the use of chemical pesticides. In addition to urging the rationalization of electricity and water consumption and preventing logging, and encouraging the participation of students in planning and implementing organized campaigns, including some positive activities and events, and developing a high sense of responsibility towards public property and cleanliness of the environment within university and college facilities.

[The Biology Club in College of Science at Princess Nourah bint Abdulrahman University has recently organized a symposium \(Chinese Culture and Fundamentals of Language Learning\) and an accompanying exhibition at the Health Colleges Research Center, which also represents an important step towards opening new educational horizons for students of different educational levels in the Kingdom. As well as creating a future generation of economists and industrialists, and making the most out of the advanced science that characterizes China.](#)

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### Chinese Culture and Fundamentals of Language Learning at Princess Nourah University

12/6/2019

The Biology Club in College of Science at Princess Nourah bint Abdulrahman University has recently organized a symposium (Chinese Culture and Fundamentals of Language Learning) and an accompanying exhibition at the Health Colleges Research Center, which also represents an important step towards opening new educational horizons for students of different educational levels in the Kingdom. As well as creating a future generation of economists and industrialists, and making the most out of the advanced science that characterizes China. This symposium is to enhance the inclusion of the Chinese language in the Saudi curricula, which in turn will contribute to the cultural persity of students in the Kingdom, in addition to achieving future national goals in the field of education at the level of "the Kingdom of Saudi Arabia's Vision 2030".



### Chinese Culture and Fundamentals of Language Learning

- The College of Education, represented by the Student Special Education Club, has celebrated the International White Cane Day, With the aim of entertaining this category of the blind and introducing pleasure and joy in their hearts
- PNU University inaugurated the opening ceremony of the Summer Enrichment Program, which is held in partnership with King Abdulaziz and his Companions Foundation for Giftedness & Creativity, lasts for three weeks

[Princess Nourah bint Abdulrahman University, represented by the Pharmacy Club of College of Pharmacy, held a "More than a Pharmacist" event in its sixth edition, at the University Research Center .](#)

### Princess Nourah bint Abdulrahman University, represented by the Pharmacy Club of the College of Pharmacy, holds a "More than a Pharmacist" event in its sixth edition

11/21/2019

Princess Nourah bint Abdulrahman University, represented by the Pharmacy Club of College of Pharmacy, held a "More than a Pharmacist" event in its sixth edition, at the University Research Center.

The event targets pharmacists who have excelled in their profession, and innovated in other areas, and contributed to the service of society from senior pharmacists to first level students, with the aim of highlighting many pharmacists with different talents, by linking other different fields with pharmacy such as business management and other disciplines or other talents outside the pharmaceutical field such as plastic drawing, photography, fashion design, sports talents or voluntary work. In addition to stimulating attendance and recharge their energies with positive models of the reality of the profession. Thus, the event adopts the thought of the college to provide a stimulating and inspiring environment for its students.



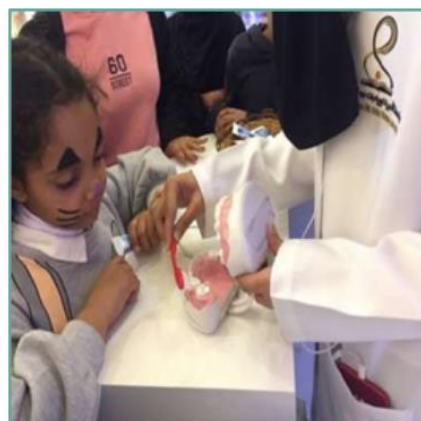
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## Voluntary

- The Kingdom of Saudi Arabia pays great attention to voluntary works, based on its firm belief in its pioneering role and great impact on building the country and spreading of social cohesion among citizens, thus contributing to the process of development and community giving. Voluntary work has taken its place in the national development map within the general objectives of the Kingdom's Vision 2030. In light of the responsibility of Princess Nourah bint Abdulrahman University in the community service in all fields, the Deanship of Community Service and Continuing Education of the University, the initiative of the Nourah Volunteer Incubator with a future creative vision for sustainable voluntary work and to contribute to the realization of the Kingdom's Vision 2030 in reaching one million volunteers.



- The Sheikh Mohammed bin Rashid Al Zanan Chair for Research on Volunteer Work announces the holding of a training course entitled: "Volunteering is the secret of my success"

إعلان

جامعة الأميرة نورة بنت عبدالرحمن  
Princess Nourah bin Abdulrahman University

يعلن كرسي الشيخ محمد بن راشد آل زنان لأبحاث العمل التطوعي عن إقامة دورة تدريبية بعنوان:  
**تطوعي سر نجاحي**  
تقديم/ الدكتورة نورة بنت بشاره  
أستاذ علم الاجتماع المساعد بكلية الخدمة الاجتماعية  
جامعة الأميرة نورة بنت عبدالرحمن  
يوم الاثنين ١٤/٢/٢٠٢١ م الساعة ٩:٠٠ ص - ١١:٠٠ ص  
المكان: كلية الخدمة الاجتماعية الدور الثاني قاعة رقم ٢٠٣  
الدعوة عامة  
ولاستفسار والتواصل يرجى: [yes-vwrc@pnu.edu.sa](mailto:yes-vwrc@pnu.edu.sa) تليفون: ٤٤٠٠٠٠

SCAN ME

pnu.k.sa pnu.edu.sa

Volunteering is the secret of my success

- [Dean of Student Affairs - Najah Center developed a training workshop entitled: "Electronic Volunteering Skills Course" .](#)



جامعة الأميرة نورة بنت عبدالرحمن  
عمادة شؤون الطالبات - مركز نجاح

## دورة مهارات التطوع الالكتروني

المدربة / أ. إبتسام عبدالرحمن

### محاور الورشة التدريبية:

- أسباب الحاجة للتطوع الالكتروني .
- مزايا التطوع الالكتروني.
- مهارة توليد الفكرة الإبداعية .
- كيفية تحويل الفكرة إلى مبادرة تطوعية عبر وسائل التواصل الاجتماعي .

يوم الثلاثاء ١٤٤٢/٣/٣هـ الموافق ٢٠٢٠/١٠/٢٠ م

قاعة افتراضية في برنامج Teams

من الساعة ١٠ صباحاً ولغاية ٢ مساءً

المقاعد محدودة (٣٠) مقعد

رابط بوابة الخدمات الإلكترونية  
<https://eservices.pnu.edu.sa>

SCAN ME

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Volunteering is the secret of my success

- [Sheikh Mohammed Al Zanan Research volunteer chair present for a training program titled "The Impact of Volunteering on Your Life"](#)



وكالة الجامعة للدراسات العليا والبحث العلمي  
أمانة كرسي البحث  
كرسي الشيخ محمد بن راشد آل زيان لأبحاث العمل  
التطوعي

جامعة الأميرة نورة بنت عبد الرحمن  
Princess Nourah Bin Abdulrahman University

يسر كرسي الشيخ محمد آل زيان لأبحاث العمل التطوعي بجامعة الأميرة نورة بنت عبدالرحمن  
دعوتكم لحضور برنامج تدريبي بعنوان:  
(آثار التطوع في حياتك)  
تقديم: د. حصة بنت عبدالرحمن السند  
أستاذ التخطيط الاجتماعي المشارك بكلية الخدمة الاجتماعية جامعة الأميرة نورة بنت عبدالرحمن  
والمدرّب المعتمد

كلية الخدمة الاجتماعية  
بني (130) طابق (1,102)

يوم الاثنين  
1440/3/18 هـ

من الساعة 8 صباحاً  
إلى الساعة 11 ظهراً

The Impact of Volunteering on Your Life

- An invitation from the Faculty of Computer Science to attend World Volunteer Day.

جامعة الأميرة نورة @\_PNU\_KSA · 4 dic. 2017

#دعوة من كلية علوم الحاسب والمعلومات لحضور "يوم التطوع العالمي"  
#جامعة\_الأميرة\_نورة  
#pnu

"أينما أنبتك الله أزهر"

دعوة

يسر كلية علوم الحاسب والمعلومات دعوتكم لحضور  
يوم التطوع العالمي

مدخل كلية علوم الحاسب والمعلومات الثلاثاء 5 ديسمبر 2017 من 11 صباحاً حتى 1 ظهراً

5 6 7

World Volunteer Day

- [PNU made an invitation to attend the workshop on the role of Saudi women in enriching voluntary work of the first Saudi Forum for Voluntary Work in cooperation with Civil Defense .](#)



جامعة الأميرة نورة بنت عبدالرحمن

28 de enero de 2018

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دعوة لحضور ورشة عمل دور المرأة السعودية في إثراء العمل التطوعي التابعة للمنتدى السعودي الأول للعمل التطوعي بالتعاون مع الدفاع المدني ،

وذلك في يوم الأربعاء 14 / 5 / 1439 هـ من الساعة 08:00 صباحاً - 12:45 ظهراً بمسرح عمادة خدمة المجتمع والتعليم المستمر A7

للتسجيل وحضور الورش التدريبية على الرابط التالي :

[www.998.saudivolunteering.com](http://www.998.saudivolunteering.com)

Ver traducción



المنتدى السعودي الأول  
لأعمال التطوع

المنتدى السعودي الأول لأعمال التطوع



المنتدى السعودي الأول لأعمال التطوع

First Saudi Forum for Voluntary Work, 2018

- [PNU presented the conference seek happiness in your goals and aspirations, in the mornings of study and work, in the fields of volunteering, and the flash of innovation.](#)



### Volunteering

## Female students from the Faculty of Nursing volunteered in Hajj

A group of nursing college students volunteered to serve the pilgrims of the Holy House of God in 1439 Ah.

- Names of volunteers:
  - Abeer Haroun Mohammed - Nursing
  - Awad Abdullah Abdullah - Nursing -Covenants

Khalid Al Issa -Nursing– Covenant

Eid al-Otaibi

- Human Medicine work done by volunteers before going down the field:
  - Attending training courses in King Abdullah Medical City in Mekka
  - Practical training and workshops.
  - Participating in the preparation of a greeting for pilgrims.

- Attend the Saudi Scout Association course in cooperation with the Civil Defense to review field maps of sacred feelings.

## Volunteer work as follows:

- Emergency cases of heat stress and sunstroke
- Care and medicine

of the feet of pilgrims and provided diabetes • guidance and awareness of pilgrims health

- Ambulance cases of patients of pressure, sugar and wounds nearly 1100 cases were assisted by hajj volunteers.

The duration of volunteering was 10 days.

## Central Library

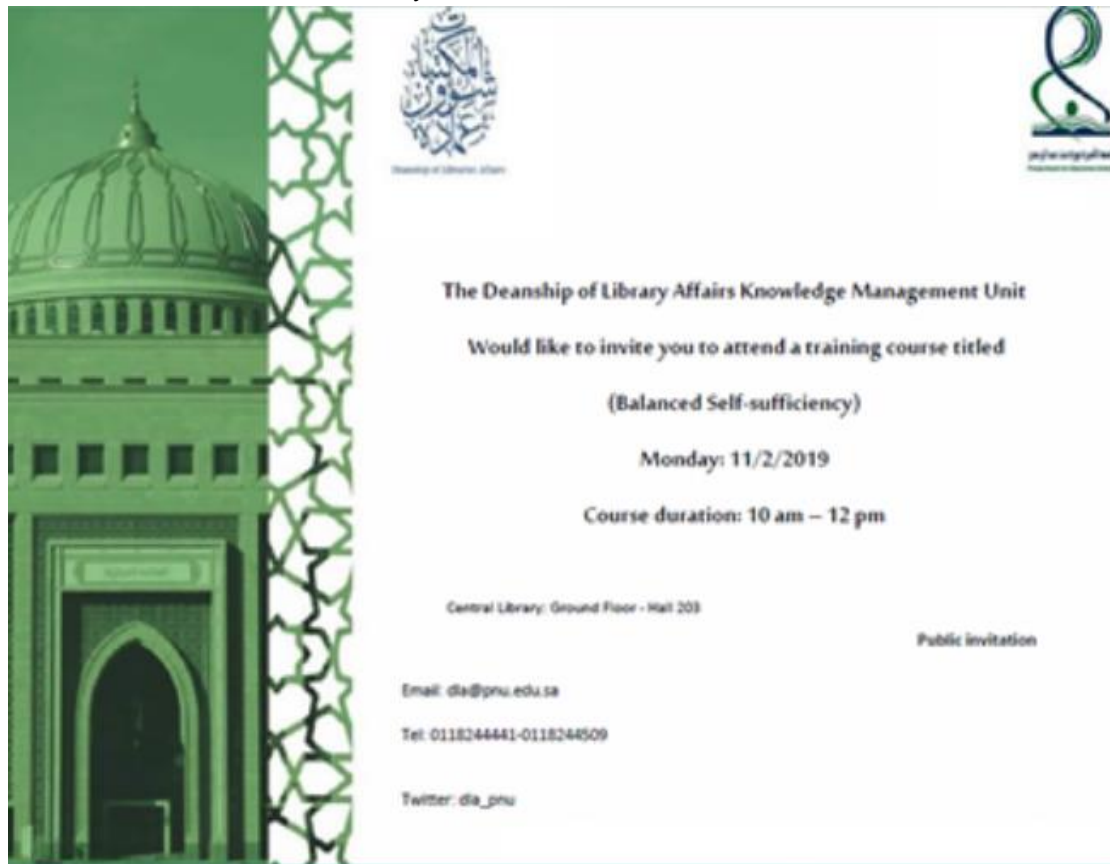
[The Central Library manages a number of pisions, where each pision has its own tasks. It is also concerned with the management of the services provided in the Central Library building. It provides technical processing of resources centrally and provides traditional, scientific, research, knowledge, cultural and electronic services to meet the needs of the academic community inside and outside the University.](#)

### Services provided by the Central Library:

- 1.Introductory tours.
- 2.Search in the automated index.
- 3.Health service, guidance and mentoring.
- 4.Inquiries response service.
- 5.Internet service.
- 6.Electronic services.
- 7.Book retention service.
- 8.Books requesting service.
- 9.Borrowing service.
- 10.Research carrels service.
- 11.Classrooms and discussion service.
- 12.Photocopying and scanning service.
- 13.Ongoing briefing and selective transmission of information.
- 14.People with Special Needs Service.
- 15.Community Service.

## Central Library Outreach activities

- Balanced self-sufficiency



The poster features a green-tinted image of a mosque dome and minaret on the left. At the top center is the PNU logo, and at the top right is the logo of the Deanship of Library Affairs. The text is centered and reads:

The Deanship of Library Affairs Knowledge Management Unit  
Would like to invite you to attend a training course titled  
(Balanced Self-sufficiency)  
Monday: 11/2/2019  
Course duration: 10 am – 12 pm

Central Library: Ground Floor - Hall 203

Public invitation

Email: [da@pnu.edu.sa](mailto:da@pnu.edu.sa)  
Tel: 0118244441-0118244509  
Twitter: [da\\_pnu](https://twitter.com/da_pnu)

PNU Central Library

- How to search digital library data Basis



The Deanship of Library Affairs Electronic Library Unit  
Would like to invite you to attend a training course titled  
( How to search the Digital Library Data Basis )

Tuesday: 12/2/2019

Course duration: 10 am – 12 pm

Dia-databases@pnu.edu.sa

Location: Central Library - First Floor  
Electronic Library Hall ( 1,300 )

Tel: 01182-44439 , 01182-44571

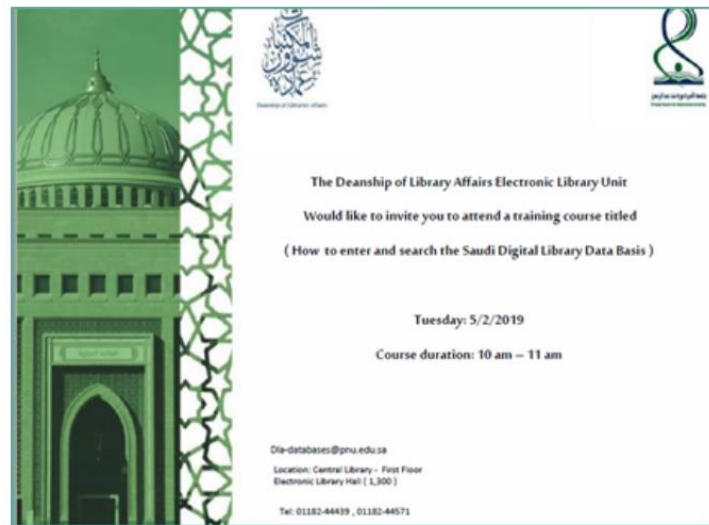
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PNU Central Library

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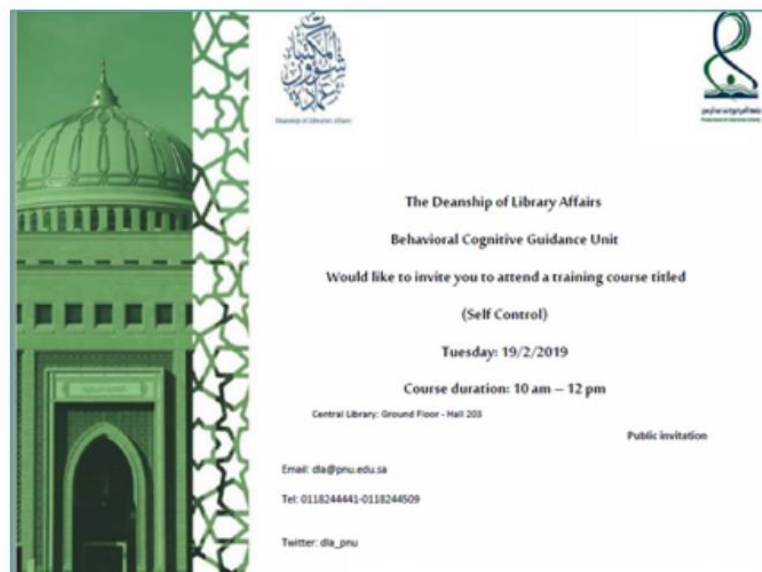


- How to enter and search the Saudi Digital Library Data Basis



PNU Central Library

- Course Self Control



PNU Central Library



- Book exhibition



PNU Central Library