

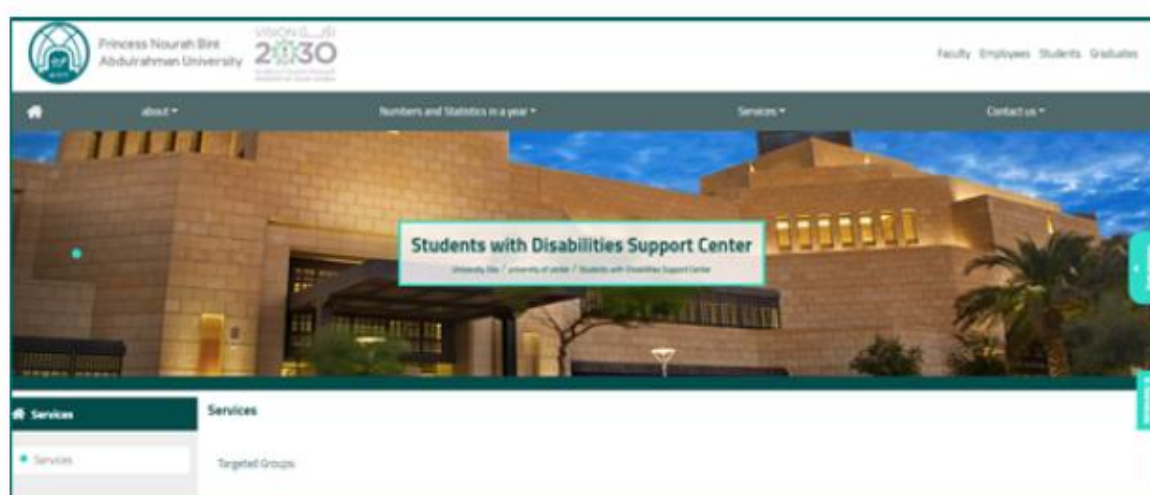
MENTORING/COUNSELLING PROGRAMMES TO SUPPORT STUDENTS, STAFF, FACULTY FROM UNDERREPRESENTED GROUPS

Princess Nourah bint Abdulrahman University provides free health care and programs for university employees with disabilities or individual cases. The university includes many centers which care about aspects of training, rehabilitation, education, and psychological and social services.

1. Career counselling and career support centre

A simulating environment that provides professional guidance services, career support, and the development of competencies and capabilities with high quality for female students and society in accordance with international best practices to build the human capital that fulfils the Kingdom's vision 2030 and the sustainable development goals.

Services are provided to all students without exception for special circumstances or cases, and they have their own website.



Students with Disabilities Support Center

The most prominent objectives of the center:

- Providing professional counseling services to all university students that take into account creativity and innovation.
- Providing a stimulating professional environment in accordance with the rules, principles, and ethics of career counseling.
- Empowering female students with the necessary skills for the changing future jobs with technical, economic, cultural, and social influences through developing competencies in knowledge, skills, values , and behavior in line with the needs of the labor market.
- Improving the career readiness of students and graduates by providing career counseling services and professional programs.

The next figure shows the Center guide facility



Career Development Center

2 Universal access centre

A specialized centre to support female students with special needs by providing quality and comprehensive services for all academic, administrative, psychological, social, and technical aspects, based on the latest practices and research evidence and international standards. In a way that contributes to merge these categories and enabling them to serve themselves and society.

- Target categories:
- Learning difficulties
- Movement disability
- Hearing disability
- Visual disability
- chronic diseases

Services provided to beneficiaries of the Universal Access Center:

- Continuous communication and follow-up with students by the Center's supervisors (special education specialists at the college level.).
- Coordination with the university administrations, colleges and deanships for meeting students academic, psychological and social needs.
- Communication with faculty members to solve students' problems.
- Activation of the educational facilities related to students' evaluation in coordination with the exams committees in each college.
- Providing faculty members with advisory services related to teaching and evaluating students with special needs.
- Providing academic advising and training for students with special needs.
- Issuing a student support document (SSD) that includes each student's special needs.
- Providing transportation between colleges and university facilities when needed.
- Relating students with institutions which provide different types of support for people with special needs.
- Following up the payment of special needs allowance.
- Directing students to the concerned parties to dispense medical devices (e.g, hearing and optical aids).

- Issuing an entry and exit card from all gates.
- Issuing a companion card when needed.
- Organizing events for the purpose of educating and raising awareness as well as celebrating international days.

Support services

It is the programs whose basic nature is not educational, but they are necessary for the educational development of students with special educational needs, such as physical and functional therapy, correcting speech and speak defects, and psychological counseling services.

Educational adaptations for students with special needs.

What is mean by academic adaptations or facilities are intended to provide opportunities for female students with disabilities and enable them to access university services, programs, and facilities, where they are participating members of the university community in a fair and consistent environment, so services and facilities are provided according to their special needs without prejudice to the objectives of the course or educational program.

Providing a range of the following adaptations and services to support student's success:

- Environmental adaptations:

Suitable lighting / Organized classrooms in a way that does not hinder movement / Training courses for students with special needs.

- Providing support devices and technologies:

Available devices to serve students:

- Humanware pro connect 12
- Infovox Pen
- Braille Wave
- Humanware explore 5

Princess Norah University has different teams to adapt to the special needs of its students



Universal Access Center



Universal Access Center



Universal Access Center

| Statistics for students beneficiaries of the Comprehensive Access Center Services | |
|---|----------------------|
| Provide educational sessions | |
| Number of beneficiaries | Number of volunteers |
| 20 students | 30 volunteer |
| Awareness events | |
| events 4 | |
| Training courses and programs provided by the center | |
| courses 6 | |
| Programs were nominated and to enroll female students outside the center | |
| programs 5 | |

Universal Access Center

3 Family Counseling Center

[The Family Consulting Center](#) is the first center specialized in the family among universities in the Kingdom, as this center was established to participate in addressing family problems that threaten the security and cohesion of the family, and correcting some concepts related to the family, marriage, divorce, childbearing, and the foundations of a sound education.

Realizing the importance of family cohesion, bonding and its impact on the cohesion and unity of society, Princess Noura bint Abdulrahman University adopted the establishment of a family counseling center out of its belief in its role in community service, under the slogan:

"A close family, a safe society"

The center is supervised by several specialists in the field of social service, psychology, and management, and it provides its services to all university and community employees.

Vision:

The Family Consulting Center aspires to be a pioneer in the field of family counselling, developmental programs and community awareness.

Mission:

- To enhance the role of Princess Nourah Bint Abdul Rahman University in community service and actively participate in sustainable development projects through providing consulting services and family awareness and rehabilitation programs.
- To achieve the mission of the University by activating the Center's policies and national programs that are concerned with women development so as to be able to make a tie-knit family that reflects the unity of the society.

Objectives:

- Contributing to community development through the development of family members.
- Strengthening the relationship between the University and the society.
- Providing counseling in social, family and psychological fields.
- Identifying the negative phenomena prevalent in the society and address them appropriately.
- Educating individuals about the importance and stability of the family.
- Preparing specialized personnel in the field of social and psychological consulting.
- Providing a family-related database.
- Building community partnerships with charity and civil institutions.

The tasks

- Psychological, social, and family counseling.
- Individual therapy, group therapy and family therapy.
- Training programs and awareness campaigns.
- Research and studies.

Center services:

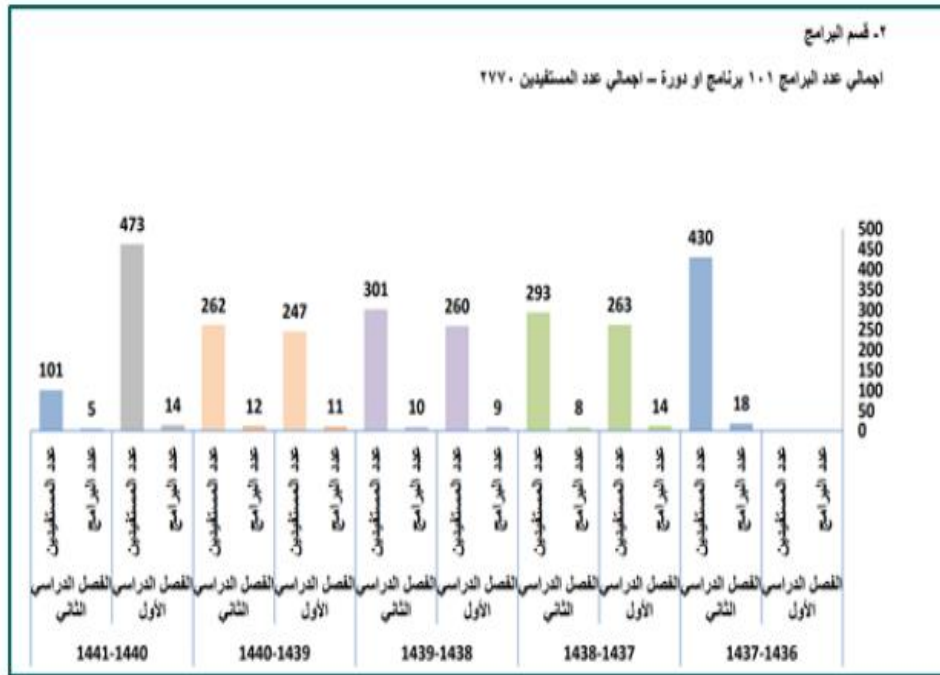
- In addition to the family counseling service, the center provides a large number of services, the most prominent of which are:
- Hotline service 011-8220888
- The family counseling center provides bonding ... to individuals and their families for those in quarantine home or health.
- Telephone psychological counseling service 011-8220888
- To face psychological pressure, anxiety and fears due to the Coronavirus (Covid-19)

And that at the hands of a specialists group of psychologists and social 011-8220888 All information is published on the official website

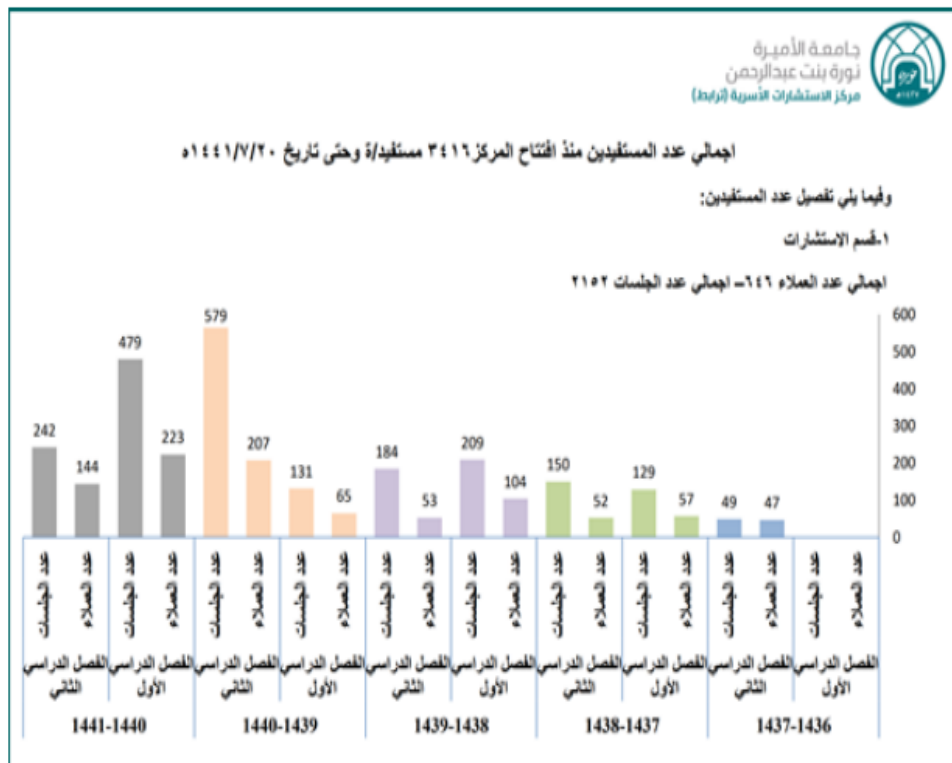


[PNU Family Counseling Center](#)

The total number of beneficiaries of the center is 3416, and more than 2000 counseling sessions.



PNU Family Counseling Center



PNU Family Counseling Center

4 Disabilities Support Center

Princess Nourah bint Abdulrahman University (PNU) has Disabilities Support Center that guarantees all students with different disabilities the proper development of their activities in the development of academic programs. This a specialized center which is established to support students with special needs through providing high quality and comprehensive services related to academic, administrative, psychological, social, and technical aspects, based on the latest research practices, research evidence, and international standards; thus, it contributes to the integration of these groups and enabling them to serve themselves and the community.



Students with Disabilities Support Center

Vision, Mission and Objectives

Vision:

To enable students with special needs to get university education of an international quality and competitive distinction.

Mission:

To help students with special needs and provide them with comprehensive support according to their educational requirements by

creating an academic environment in accordance with their own needs to achieve success in university learning and qualify them for the labor market.

Values:

Professionalism, integrity, justice, empowerment, perseverance and cooperation.

Objectives:

- To provide academic support for students with special needs.
- To raise college society's awareness about the rights of people with special needs.
- To improve facilities readiness to meet students needs.
- To provide advisory services to faculty members regarding teaching students with special needs.
- To provide training courses to prepare students for future professions.
- To create community partnerships with the concerned institutions in order to support their integration into the labor market.

Below are the tasks that the Center Support develops in order to provide mentoring, counseling programs to support students, staff, faculty.

Disabilities support Center Tasks

- Continuous communication and follow-up with students by the Center's supervisors (special education specialists at the college level.)
- Coordination with the university administrations, colleges and deanships for meeting students academic, psychological and social needs.
- Communication with faculty members to solve students' problems.
- Activation of the educational facilities related to students' evaluation in coordination with the exams committees in each college.
- Providing faculty members with advisory services related to teaching and evaluating students with special needs.
- Providing academic advising and training for students with special needs.

- Issuing a student support document (SSD) that includes each student's special needs.
- Providing transportation between colleges and university facilities when needed.
- Relating students with institutions which provide different types of support for people with special needs.
- Following up the payment of special needs allowance.
- Directing students to the concerned parties to dispense medical devices (e.g, hearing and optical aids).
- Issuing an entry and exit card from all gates.
- Issuing a companion card when needed.
- Organizing events for the purpose of educating and raising awareness as well as celebrating international days.

5 Comprehensive Access Center

Princess Norah University has the Comprehensive Access Center, which assesses the different difficulties that university students may have and in this way take strategic actions to improve their inclusion in the educational life.

Graduates · Female students · The employees · Faculty members

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call us · Figures and Statistics · Target groups · Services · About the center

Comprehensive Access Center

University site / university centers / universal access center

Motor disability

These are the cases of individuals who suffer from a disorder in their motor ability or motor activity, where this imbalance affects the aspects of their mental, social and emotional development and calls for the need for special education. (Badra, Obaid, 2011)

Symptoms of motor disability: cerebral palsy
An imbalance in body shape, body shape, or both as a result of one or more injuries to the central nervous system (brain)

Target groups

- learning difficulties
- Motor disability
- Hearing disability

Comprehensive Access Center

Vision, mission and goals

Vision:

- Excellence and leadership in enabling university students with educational, social and degrading disabilities.
- Supporting students with disabilities and providing comprehensive support in accordance with their educational requirements by creating an academic environment that is appropriate to their specific needs to achieve their university success and qualify them with distinction for the labor market.

Value:

Professionalism: Enhancing professionalism in providing appropriate support to female students, leading to professionalism in providing all services for persons with disabilities.

- Integrity: honesty and trustworthiness in providing services for students with disabilities.
- Justice: ensuring equal educational opportunities for persons with disabilities.
- Excellence: providing distinguished and high quality services.
- Trust: the confidence of the beneficiaries of the services of the center and their guardians from the support provided by the center.

The Center's strategic goals:

The first strategic objective:

- To provide academic support to students with disabilities.

The second strategic objective:

- To raise the readiness of university facilities to meet the needs of students with disabilities.

The third strategic objective:

To develop the skills of members of the teaching staff in teaching students with disabilities.

Fourth Strategic Objective:

Building strategic partnerships with the private sector to support the inclusion of students with disabilities in the labor market

Princess Norah University not only considers motor difficulties but also contemplates language, reading and writing, auditory, visual and chronic diseases.

Support Services SUPPORT SERVICES

These are programs whose basic nature is non-pedagogical, but necessary for the educational development of pupils with special educational needs, such as: physical and occupational therapy, correction of speech and speech defects, and psychological counseling services (1422, the organizational rules of the special education institutes of the Ministry of Education in the Kingdom of Saudi Arabia).

Educational adaptations for students with special needs

Academic accommodations: The provision of opportunities for students with disabilities and enabling them to access university services, programs and facilities, where they are participating members of the university community in a fair and consistent environment, and services and facilities are provided according to their specific needs without prejudice to the objectives of the course or educational program.

Where one or more of the following adjustments and services can be provided to support female students' success:

First: ENVIRONMENTAL ADAPTATIONS:

- Adequate lighting
- Classrooms organized not to hinder movement
- Suitable seats for female students in the classroom (such as: in the front to see the blackboard or the medium clearly, with the smallest group in the group activities for the hearing impaired and distracted, close to the corridor for wheelchair users ...)
- Alternative places such as providing a dispersal-free room or testing the student individually

Second: How to display the information:

- Presentations containing photos and videos to help clarify information for students with learning disabilities or hearing impaired people during the lecture, as well as the use of calculator and assistive technologies for students with disabilities. With access to PowerPoint or other lectures for students, students with learning difficulties, attention or memory may not be able to access all the necessary information during the lecture or review the repeated required materials, and they may request the course lecture materials ready for review, it is important to distribute printed copies For students, put them in the library, or email them to students with disabilities. (Al-Batal, 2018)
- Registering lectures, a student with learning difficulties may need to record lectures and discussions within the classroom, to get all the information given and completely, and they have the right to bring their registration tools, but they may coordinate with the course instructor about the best possible place for the recording device, and provide a service office Disability Instructions and answers to questions about registration facilities. (Al-Batal, 2018)
- Highlight key concepts and topics during the lecture, while increasing time in presenting some information
- Explanation of the required tasks from the student step by step to ensure that the student understands the required task and performs it in the required manner
- Provide a writer for students who face problems writing to take important notes in the lecture
- Provide a translated sign language for students with disabilities audio

THIRD: ORGANIZATIONAL ADAPTATIONS:

- Using a task list, so that the student can know the tasks that she has accomplished and that she needs to perform, such as: homework and academic requirements, as the student works on creating this list with the help of a special education specialist.
- Using the timer so that the student can manage time, as some of the students with learning difficulties may face problems in managing and organizing time.

- Teaching students who face some problems in organizing information on the organization of information such as maps and visual strategies of mind blogging

Fourth: ASSESSMENT ADAPTATIONS:

- The evaluation of students with disabilities is done in a way that suits their abilities:
- If reading the questions poses a difficulty for the student, she must read to her.

Faculty, Staff and Students support:

[In order to promote a culture of scientific research among female students, Princess Noura University holds the first conference of student research \(research ideas towards a sustainable future in the Kingdom\)](#)

Princess Nourah Bint Abdul Rahman University, represented by the Dean of Student Affairs, held on Tuesday, June 8, 2021, the first conference of student research (research ideas towards a sustainable future in Saudi Arabia), targeting students and university students in the Kingdom, faculty members, researchers, specialists in sustainable development in all its fields, and a number of interested people, under the auspices of his Excellency the President of the University, Dr. Inas Bint Suleiman al-Issa.

The conference aims to promote a culture of tight scientific research, develop the research skills of university students, support cooperation and exchange of research experiences between different disciplines in the field of scientific research, in addition to promoting the spirit of competition through an accompanying competition in the field of the preparation of scientific research, innovations and research ideas, encouraging them to publish valuable scientific research and present it to research centers, and reviewing the research capabilities and capabilities of university students from different disciplines.

In her opening address to the conference, His Excellency the President of the University, Dr. Inas Al Issa, sent a letter to the students, outlining the importance of scientific research, which "constitutes the most important pillars of development and its success, its ability to achieve sustainability and its response to the transformations taking place in society and external influences".

His Excellency Dr. Inas Al Issa stressed that the university has been and continues to have a scientific climate, teachers, students and research centers, a fertile environment for the growth of scientific research, noting that: "Scientific research is the real and correct entry point for the development of society, as it is not right to talk about development away from the establishment of the role of scientific research as an important base from which all development projects and all its different sectors will be launched to give a natural and necessary product, which is to achieve social well-being."

The conference focused on the environmental, human, technological and economic areas, highlighting sustainable development in terms of concept and application, the reality of sustainable development in Saudi Arabia and the efforts of some government and private sectors to achieve sustainable development.

The conference, held remotely, included (8) dialogue sessions: sustainable development between concept and importance/a look at sustainability applications at the Royal Commission for the Province of Ala, a presentation of research involved in the health field, the sustainability process at SABIC, a presentation of research involved in the scientific field, creativity towards sustainability, a presentation of research involved in management and technology, the National Strategy for Environmental Sustainability, and finally a presentation of research involved in the field of humanity.

It is worth mentioning that the scientific sessions and the virtual exhibition of the conference included the presentation of (19) research, and (15) scientific posters, this comes in the belief of princess Nourah Bint Abdulrahman University, the importance of scientific research and strengthening its culture to qualify researchers capable of contributing to cognitive enrichment, achieving sustainable development goals, as well as some of the university's objectives in its strategic plan 2025, which is to lead cognitive and community influence and to be a system of research and innovation.