

A brief Course Description

Course Name: Performance and Scientific Principles in Volleyball			
Course Code	PHS130		
College	College of Education		
Department/ Program	Department of Physical Sports Sciences/ Sports Sciences and Physical Activity Program.		
Year / Level:	1 st Year/ 2 nd Level		
Credit Hours	(2) Two credit hours		
Contact Hours	Lecture: None	Lab/Tutorial: 4	Training: None
Language	Arabic		
Track	Department Requirement.		
Pre-requisites Course:	None		
Co-Requests:	None		
Course Objectives:	Allows the student to learn the correct technical steps of basic and advanced skills in volleyball, which form a skill base for the performance of the player is characterized by high efficiency and accuracy, as well as learn about the offensive and defensive playing plans and the way applied during the sports competition, and read the game law materials related to tools, stadium, performance and procedures Organizational competitions in sports in the game.		