

A brief Course Description

Course Name: Substance Abuse and Performance Enhancement			
Course Code	PHS 305		
College	College of Education		
Department/ Program	Department of Physical Sports Sciences/ Sports Sciences and Physical Activity Program.		
Year / Level:	Elective Course: 3 rd year/5 th Level- 3 rd year/6 th Level- 4 th year/ 7 th Level.		
Credit Hours	(2) Two credit hours.		
Contact Hours	Lecture: 2	Lab/Tutorial: None	Training: None
Language	Arabic		
Track (Select)	Elective Course		
Pre-requisites Course:	None		
Co-Requests:	None		
Course Objectives:	Provides the student with a definition of the prohibited steroids, their types and date of appearance, the extent of their prevalence in sports circles, their negative effects on athletes and their performance during sports competitions, legal and ethical reasons to prevent them, the negative effects of abuse on athletes' health, the roles of health and scientific bodies in limiting their spread, in addition to research. - Related steroids.		