

## A brief Course Description

<b>Course Name: Coaching Children and Youth</b>			
<b>Course Code</b>	PHS 362		
<b>College</b>	College of Education		
<b>Department/ Program</b>	Department of Physical Sports Sciences/ Sports Sciences and Physical Activity Program.		
<b>Year / Level:</b>	Elective Course: 3 <sup>rd</sup> Year/ 5 <sup>th</sup> Level, or 3 <sup>rd</sup> Year/ 6 <sup>th</sup> Level, or 4 <sup>th</sup> Year/ 7 <sup>th</sup> Level.		
<b>Credit Hours</b>	( 2) Two credit hours.		
<b>Contact Hours</b>	Lecture:2	Lab/Tutorial: None	Training: None
<b>Language</b>	Arabic		
<b>Track</b>	Elective Course		
<b>Pre-requisites Course:</b>	PHS 260 ( Coaching Science)		
<b>Co-Requests:</b>	None		
<b>Course Objectives:</b>	This course is designed to provides the student with knowledge of the characteristics of childhood and youth social, psychological and physical and the extent of their association with training and educational principles and general principles for the training of children and youth , and the different age stages to start training for specialized sports activities, and the caveats of training children and young people of		

## A brief Course Description

both gender and training doses for them .