

جامعة الأميرة نورة بنت عبدالرحمن وكالة الجامعة للشؤون التعليمية

الإصدار الأول محرم 1440هـ

A brief Course Description

Course Name: Performance and Scientific Principles in Football			
Course Code	PHS433		
College	College of Education		
Department/Program	Department of Physical Sports Sciences/ Sports Sciences and Physical Activity Program.		
Year / Level:	4 th Year/7 th Level		
Credit Hours	(2) Two credit hours		
Contact Hours	Lecture: None	Lab/Tutorial: 4	Training: None
Language	Arabic		
Track	Department Requirement.		
Pre-requisites Course:	None		
Co-Requests:	None		
Course Objectives:	Provides the student with the opportunity to learn the correct technical steps for basic and advanced skills in football, which form a physical and skillful basis for the performance of the player with confidence and high accuracy, as well as learn about the offensive and defensive play plans and how to apply them during the sports competition, and read the materials in the game law related With the tools, the stadium, the roles of the participants in the game, the performance and the organizational procedures of the sports competitions in the game.		