

A brief Course Description

Course Name: Sports Sociology			
Course Code	PHS 452		
College	College of Education		
Department/ Program	Department of Physical Sports Sciences/ Sports Sciences and Physical Activity Program.		
Year / Level:	4 th Year/ 7 th Level		
Credit Hours	(2) Two credit hours		
Contact Hours	Lecture: 2	Lab/Tutorial: None	Training: None
Language	Arabic		
Track	Department Requirement.		
Pre-requisites Course:	None		
Co-Requests:	None		
Course Objectives:	This course is designed to provides the student with knowledge of scientific recommendations related to health promotion, especially related to physical activity, and knowledge of the scientific foundations in building training recipes to promote health and development of health-related fitness and weight control among different groups of society, and management of personal and group training program promoting health.		