

A brief Course Description

Course Name: Coaching Basketball			
Course Code	PHS 468		
College	College of Education		
Department/ Program	Department of Physical Sports Sciences/ Sports Sciences and Physical Activity Program.		
Year / Level:	Elective Course: 3 rd year/5 th Level- 3 rd year/6 th Level- 4 th year/ 7 th Level.		
Credit Hours	(2) Two credit hours.		
Contact Hours	Lecture: 1	Lab/Tutorial: 2	Training: None
Language	Arabic		
Track	Elective Course		
Pre-requisites Course:	PHS 231(Performance and Scientific Principles in Basketball		
Co-Requests:	None		
Course Objectives:	<p>This course introduces basketball training, introductory basketball training, basketball training, youth selection, qualitative analysis of various games and skills, detection of training errors associated with performance, and coaches' behavior and performance assessment. This course identifies the types of training plans, plan a sports season, distribute the training load during the season, and apply short-term training plans.</p>		