

## A brief Course Description

Course Name: Motor Learning			
Course Code	PHS 222		
College	College of Education		
Department/ Program	Department of Physical Sports Sciences/ Sports Sciences and Physical Activity Program.		
Year / Level:	2 <sup>nd</sup> Year/ 4 <sup>th</sup> Level		
Credit Hours	(3) Three credit hours		
Contact Hours	Lecture:2	Lab/Tutorial:2	Training: None
Language	Arabic		
Track	Department Requirement.		
Pre-requisites Course:	None		
Co-Requests:	None		
Course Objectives:	<p>This course introduces the basic knowledge and concepts related to the neural foundations for learning the different motor skills and studying the factors that affect the acquisition and development of the skill, understanding how to control and adapt human movement, the factors that affect the acquisition of various motor skills, and the mechanism of learning and retaining motor skills. It also discusses the different models of learning and control of movement and memory systems and individual differences and measurement of motor skill, in addition, the course introduces a practical aspect through which the student learns the methods used in the development of motor learning for individuals and knowledge of factors to be taken into account when diagnosing, designing and evaluating learning experiences with a focus on Children and young (6-18 years).</p>		

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