

## A brief Course Description

Course Name: Performance and Scientific Principles in Racket Games			
Course Code	PHS345		
College	College of Education		
Department/ Program	Department of Physical Sports Sciences/ Sports Sciences and Physical Activity Program.		
Year / Level:	3d Year/ 5 <sup>th</sup> Level		
Credit Hours	( 2) Two credit hours		
Contact Hours	Lecture: None	Lab/Tutorial: 4	Training: None
Language	Arabic		
Track	Department Requirement		
Pre-requisites Course:	None		
Co-Requests:	None		
Course Objectives:	Allows the student to learn the correct technical steps of the basic skills in tennis games (table tennis, badminton, tennis ball), which form a skill base for the performance of the player with high efficiency and accuracy, as well as learn about the offensive and defensive play plans and how to apply them during the sports competition, and read the law of each Game-related tools, stadium, performance, and organizational procedures for sports competitions.		