

A brief Course Description

Course Name: Positive Psychology			
Course Code	PSY 429		
College	College of Education		
Department/ Program	Psychology		
Year / Level:	Fourth year , level seven		
Credit Hours	3 credit Hours		
Contact Hours	Lecture: 3	Lab/Tutorial	Training:
Language	Arabic		
Track (Select)	<input type="checkbox"/> University Requirement <input type="checkbox"/> College Requirement <input checked="" type="checkbox"/> Department Requirement <input type="checkbox"/> Elective Course		
Pre-requisites Course:	None		
Co-Requests:	None		
Course Objectives:	This course contain the concept of positive psychology, origin, theme, features, objectives, research methods, criticism, future, positive personality and components, altruism and tolerance, pardon and tenderness, wisdom and emotional intelligence, courage and psychological steadfastness, satisfaction with life, Happiness, measurement in positive psychology and positive psychotherapy.		